



# WEEKLY MENUS for SPRING TERM 2017



Millbrook Combined School  
and the

## Globalcafe



are committed to healthy eating, sustainable food and the environment. We hope that parents will help us celebrate this achievement by supporting their children to make healthy choices both in and out of school.



**Millbrook Combined School including Nursery & Children's Centre**  
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***Do you think you are Free School Meal eligible?***  
*Please contact your school office for more information on how to apply.*

Free Infant School Meals are available  
to all those in Reception, Years 1 and 2

**Global**   
**THE WORLD**  
**COMES TO**  
**MILLBROOK** **cafe**



**Spring Term 2017**








*Aiming for Excellence - Learning for Life*











# GlobalCafe

THE WORLD COMES TO MILLBROOK









## MENU 1 - served weeks commencing 2 Jan, 6 Feb and 13 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato with Filling	Cheese & Tomato Pizza	Roast Chicken 	Chicken Hot Dog 	Baked Battered Fish
	BBQ Chicken Pizza	Roast Beef	Pork Hot Dog	
Macaroni Cheese 	Gluten-free Risotto with Tomato Sauce 	Vegetable Burger 	Quorn Hot Dog 	Vegetable Samosa 
Baked Beans	Herby Potatoes Spaghetti Hoops	Roast Potatoes Carrots	Mixed Vegetables	Oven Chips Baked Beans
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Apricot Crumble with Custard	Fruit Jelly	Chocolate Doughnut	Iced Lemon Cake	Pineapple Chunks in Syrup

## MENU 2 - served weeks commencing 9 Jan and 20 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato with Filling	Beef Lasagne 	Roast Chicken 	BBQ Chicken Pizza 	Fish Fingers
	Pork, Leek and Potato Stew	Roast Turkey	Cheese & Tomato Pizza	
Vegetable & Tomato Pasta 	Vegetable Pie 	Mexican Bean Wraps 	Gluten-free Risotto with Tomato Sauce 	Macaroni Cheese 
Baked Beans	Diced Carrots	Roast Potatoes Swede & Carrots	Herby Potatoes Spaghetti Hoops	Oven Chips Garden Peas
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Mandarins in Syrup	Fruit Jelly	Flapjack	Carrot Cake Slice	Strawberry Mousse









## MENU 3 - served weeks commencing 16 Jan, 20 Feb and 27 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato with Filling	Beef Lasagne 	Roast Chicken 	Lamb Tikka Masala 	Breaded Fish
	Chicken Burger	Roast Pork	Chicken Korma	
Tuna Pasta Bake 	Vegetable Samosa 	Chinese Vegetable Noodles 	Quorn Chilli 	Tomato & Corn Pasta Bake 
Baked Beans	Garlic Bread Garden Peas	Roast Potatoes Cut Green Beans	Rice Cauliflower	Oven Chips Spaghetti Hoops
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Chocolate Ice Cream	Fruit Jelly	Banana Muffin	Jam Doughnut	Pineapple Chunks in Syrup









FRESH BREAD OFFERED DAILY • FRESH FRUIT OR YOGHURT ALSO OFFERED AS AN ALTERNATIVE



## MENU 4 - served weeks commencing 23 Jan and 27 Feb

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato with Filling	Chicken Burger in a Bun 	Roast Chicken 	Chicken Sausage with Onion Gravy 	Fish Cakes
	Beef Burger in a Bun	Roast Beef	Pork Sausage with Onion Gravy	
Tuna Pasta Bake 	Vegetable Burger in a Bun 	Cheesy Pasta Bake 	Pasta Neapolitan 	Vegetable Samosa 
Garden Peas Baked Beans	Oven Chips Spaghetti Hoops	Roast Potatoes Mixed Vegetables	Mashed Potatoes Sweetcorn	Oven Chips Baked Beans
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Apple Crumble with Custard	Chocolate Mousse	Jam Doughnut	Iced Lemon Cake	Fruit Jelly

## MENU 5 - served weeks commencing 30 Jan and 6 Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potato with Filling	Chicken Tikka Wrap 	Roast Chicken 	BBQ Chicken Pizza 	Battered Fish
	BBQ Chicken Wrap	Roast Pork	Cheese & Tomato Pizza	
Cheese & Tuna Pasta Bake 	Roasted Pepper Wrap 	Macaroni Cheese 	Gluten-free Risotto with Tomato Sauce 	Tomato & Onion Pasta 
Baked Beans	Herby Potatoes Sweetcorn	Roast Potatoes Mixed Vegetables	Garlic Bread Spaghetti Hoops	Oven Chips Garden Peas
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Pineapple Chunks in Syrup	Orange Jelly	Jammy Jacks	Chocolate Orange Cake	Butterscotch Mousse

**food**  
for **life**  
PARTNERSHIP  
**BRONZE**

# Millbrook Combined School

has achieved the **BRONZE** award with  
**'Food for Life'.**

We serve seasonal school meals,  
**75%** of which are freshly prepared by our  
**experienced School Chef, Christophe Rondelot**  
and his team at the **Global Cafe**